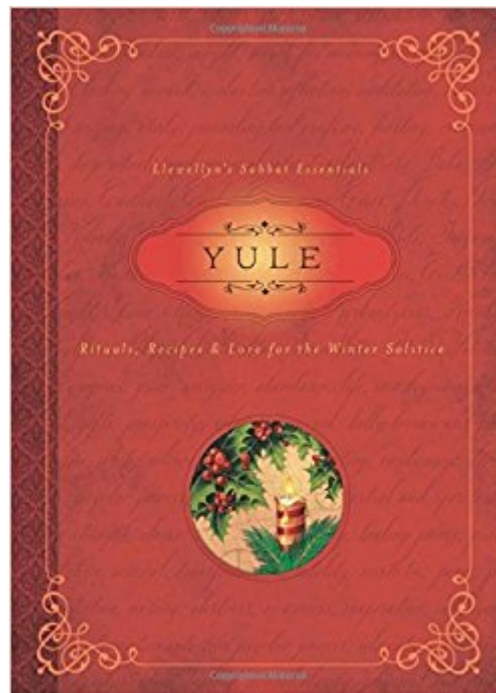




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# Yule: Rituals, Recipes & Lore For The Winter Solstice (Llewellyn's Sabbat Essentials)



## Synopsis

Yule—also known as the Winter Solstice—is celebrated when nighttime has reached its maximum length, and there is a promise of brighter days to come as candles are lit and feasts are enjoyed. This guide shows you how to perform rituals and work magic with the energy of rebirth and renewal that comes with the return of the light. • Rituals • Recipes • Lore • Spells • Divination • Crafts • Correspondences • Invocations • Prayers • Meditations Llewellyn's Sabbat Essentials explore the old and new ways of celebrating the seasonal rites that are the cornerstones of the witch's year. •

## Book Information

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## Customer Reviews

Llewellyn Publications has grown and expanded into new areas of personal growth and transformation since it began as the Portland School of Astrology in 1901. Along with the strong line of astrology books the company was founded upon, Llewellyn publishes books on everything from alternative health and healing, Wicca and Paganism, to metaphysics and the paranormal-and since 1994 has published a growing list of Spanish-language titles. Llewellyn has long been known as one of America's leading publishers of New Age books, producing a wide variety of valuable tools for transformation of the mind, body and spirit. Reach for the Moon-and discover that self-help and spiritual growth is what Llewellyn is all about. Susan "Moonwriter" Pesznecker is a

writer, college English teacher, nurse, and hearth Pagan/Druid living in northwestern Oregon. Sue holds a Masters degree in professional writing and loves to read, watch the stars, camp with her wonder poodle, and work in her own biodynamic garden. She is co-founder of the Druid Grove of Two Coasts and the online *Ars Viarum Magicarum* – a Magical Conservatory and Community. Sue has authored *Yule: Rituals, Recipes, & Lore for the Winter Solstice* (Llewellyn, 2015); *The Magickal Retreat* (Llewellyn, 2012); and *Crafting Magick with Pen and Ink* (Llewellyn, 2009); and is a regular contributor to Llewellyn's almanacs and calendars. Visit her online at <http://www.susanpesznecker.com/~>

A good book detailing the holiday, its rituals, and customs. It's written clearly and has a lot of information without being boring. It would make a good gift . I think everyone will enjoy it; I did.

I am in love with this series! This is the 2nd book I've purchased (I bought the Samhain book in September) and can't wait to order Imbolc soon. These petite size book pack a lot of pages of usual information -- everything from traditional stories, recipes, and usage of herbs to fun and interesting tidbits. I truly enjoy reading this !

I wish it had more decoration crafts to make listed in the book. My friend and I make a craft each year at the start of the holiday season so I'm always looking for ideas for our next project but there wasn't anything in here that caught my eye. Everything else though was very interesting and informative and this would be a good book to get if one is just entering the Craft and seeking more information about the holidays.

Thank you !!!!

Excellent for solitary practicener

I love this entire series. A wonderful combination of history, personal practice, recipes and ritual ideas.

I would like to thank Llewellyn Worldwide, Ltd. for an ARC of this book in exchange for an open and honest review. This is a great reference book for any Pagan seeking to reconnect with the celebration of Yule and the Winter Solstice. Although I already celebrate the Solstice in question, I

still got a lot of inspiration from *Yule* as it not only gave me some new ideas to incorporate into our own celebrations; it encouraged me to keep doing things *my way*. So many books of faith and celebrations seem to dictate that their opinion is the ONLY way it should be done. *Yule* encourages you to find your own footing on the path, giving helpful pointers along the way but allowing you to seek the balance right for you and your area of the faith. It did feel a little odd reading this book on a very hot spring day, with Yule months behind me and Ostara just last weekend but that's the fault of the reader, not the book. ;-) I will say this book is more focussed on Yule in the Northern Hemisphere as a lot of the rituals and festive ideas are closely linked to Christmas time. As a Pagan of the Southern Hemisphere, I celebrate the Winter Solstice/ Yule near the end of June. And so I did get some good ideas from this book, but not everything could be carried over as smoothly. This is not meant as a negative comment as you should write to what suits you and from what you are accustomed to. If the author comes from the Northern Hemisphere, they should focus the knowledge they're sharing on those experiences. Again, different footsteps on the same path. The only other minor piece of constructive criticism I would give is I was a little disappointed in the food recipes. I'm a whole food, organic food, make everything from scratch person and so find recipes that are for a packet of this and a tin of that they didn't sit well with me. But, again, different footsteps on the same path. We need to find the balance that is true to ourselves and so if pre-made foods work for the author, then it's how it should be in her book. The ARC did contain a couple of typos and misspelt words too, but I'm sure they were picked up in the final edit and I never mark a book down on such things as I'm good for a typo or two myself! Would I recommend this book to others? Yes I would. Just because it has a strong connection to Yule in the Northern Hemisphere, this book is still a very good reference book for anyone wanting to get back in touch with the Winter Solstice. Even those also located in the Southern Hemisphere like myself. It gives us a broader look at the world and our Pagan faiths within it. Would I buy this book for myself? I might. I do have some books that follow the Wheel that are more Southern Hemisphere orientated that work for me but I did enjoy reading *Yule* and so I won't say no just yet. If I find myself thinking back over it and wanting to remember some of its advice next June I perhaps I will still get it. It has also made me keen to read the other books in the Wheel from this publisher as I feel they could contain the same fair guidance and inspiration. In summary: A well written book of reference for anyone wanting to get back in touch with the celebration of Yule and

the Winter Solstice. And, although aimed more for those in the Northern Hemisphere, it is still a good reference books for Southern Hemisphere Pagans too. It's a good nudge in the right direction, rather than a strict statement of how it should be. A perfect book to embrace into your faith, and to help you find more balance in how to live.

This book was sort of a pleasant surprise. They are well-written and targeted to a broad audience rather than just Wicca practitioners. The mythology and rituals cover a broad range of traditions as well.

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